



WELCOME TO CAMP TAMARACK SPRING OUTDOOR SCHOOL!

Before Reading This Packet:

- Please read through both packets you were automatically sent via email after you applied online, this Welcome Packet and the Blank Forms packet.
- School teachers and admin, the participating volunteer, and their caregiver are all required to fill out different parts of the Blank Forms packet.

Dear Caregivers,

Camp Tamarack's model incorporates trained high school student leaders as mentors and counselors for Outdoor School. All high school student leaders apply to participate in this experience and are chosen because they have shown responsibility, leadership abilities, and motivation to be role models for younger students. High School students serve in a number of roles during their time at Camp Tamarack including supervising cabin groups, staying overnight in cabins, and assisting Camp Tamarack staff in teaching science and community-building activities to local 5th and 6th grade students.

All high school students participating in this experience will work with a Camp Tamarack staff mentor who will provide a written evaluation at the end of the session to verify either volunteer hours of community service or school credit depending upon the school of attendance. **Each person must obtain permission to miss school, with permission to make up the work from teachers, school counselors, and caregivers.**

Being a high school volunteer at Camp Tamarack is a unique opportunity that comes with no monetary reward. Many people have found that the rewards they do receive are more important than money. The leadership, public speaking, and teaching skills the high school volunteer will gain while at Outdoor School is greater than can be given by anyone. These things together make a session at Camp Tamarack a very meaningful and memorable experience.

Sincerely,

Charlie "Peanut" Anderson,

Executive Director – Camp Tamarack

charlie@camptamarack.com

541-633-9847

ROLES AND RESPONSIBILITIES AS A COUNSELOR

The Outdoor School Counselor's Mission: Provide students with a safe and encouraging environment to learn by enforcing rules, encouraging supportive behavior, community building, inclusion, and friendly behavior!

- Arrive at the pick-up spot or at Camp Tamarack on time and ready to volunteer!
- Supervise and sleep in a cabin of students (ages 10-11, 3-6 students)
- Be a positive role model on and off the clock
- Discourage gossip, bullying, or isolating behaviors with students and counselors
- When you see a problem or see someone who needs additional support, help them or bring this to the attention of a staff member
- Use creativity to create new ways to teach, instruct, or manage children
- Be flexible and willing to help wherever and whenever needed
- Manage your cabin: organize cabin cleaning, help with camp-wide clean-up, create a skit and cabin call for campfire, play games, and connect with your kids during cabin time, wake up and go to bed at proper times, and always ask for help from staff when you are struggling
- Participate in Exploration and lead parts of the lesson with support from your Staff Mentor
- Play, have fun, and enforce positivity during campfire!
- Manage meal tables and facilitate proper mealtime manners

FORMS AND PROGRAM INFORMATION

- **Health history form:** We require a **completed** Health History Form for each student. On the Health History form it is especially important to note any emotional or physical conditions that might require special planning by the Staff to ensure your volunteer's success while at Outdoor School. Please sign the Health History form where indicated to grant permission for a physician to treat your child in case of a medical emergency. Any other restrictions should be similarly noted.
- **Medications:** Any prescribed medications being taken by the child must be supplied from home for the entire stay, and must be in an **original prescription bottle**, labeled with the volunteer's name, doctor's name (if applicable), medication, prescribed dosage, and the condition for which the drug is given. **These medications will be collected and administered by our Medical Director accordingly.** Even over-the-counter medications are collected!
- **Conduct:** Just as at their home school, volunteers at Outdoor School will be provided a learning climate supported by positive behavior expectations and, when necessary, disciplinary guidelines for inappropriate or unacceptable conduct. We are a school zone. Any misconduct at camp will be reported to caregivers and school administrators. Please see the Code of Conduct on page 6 of the Blank Paperwork Forms for detailed information.
- **Camp Name:** At camp we have the fun opportunity to use alternate names (ex. BOBCAT). Names must be appropriate and not already in use by another high school student or staff member. Try to come prepared with a few camp names you would like to go by and a few extra names in case the one you want is already in use. Want to check if a name is available? Call or text Dice at (541) 390-4182 and he can let you know before your time at camp!
- **Beads:** Used as a child management tool and for fun, beads are a special reward you can give to campers as well as Staff and fellow Counselors! We have beads on-site that you can give to campers, or you can buy your own and bring them to camp. Anticipate passing out about 100 beads per week!
- **On-Site Communication:** If a high school student needs to be contacted or needs to contact someone, we have an office phone they can use (541) 595-1006. We do not allow personal cell phone use while working with campers!

TRANSPORTATION

Bus transportation is provided to and from site by passenger carrier vans and is free to all volunteers.

Pick-up: Sunday OR Monday*

Your arrival day and time is dependent on your week!

***NEW!** In order to increase training time, starting this Spring High School Volunteers will arrive on Sunday at **3PM** for Weeks 1, 2, 3, 4, 5, and 6! Campers will arrive on Monday. For Week 7 and 8, High School Volunteers will arrive at **3PM** on Monday, and campers arrive on Tuesday. Lunch is not provided, but dinner is! Please make sure you eat before coming to camp!

WEEK 1, 2, 3, 4, 5, AND 6		WEEK 7 AND 8	
BEND	REDMOND	BEND	REDMOND
2PM Sunday	2PM Sunday	2PM Monday	2PM Monday
The parking lot of the Tumalo Creek River Tube Rentals at 1000 SW Bradbury Way	Redmond Proficiency Academy High School 657 SW Glacier Ave, Redmond, OR 97756 (meet at entrance near parking lot)	The parking lot of the Tumalo Creek River Tube Rentals at 1000 SW Bradbury Way	Redmond Proficiency Academy High School 657 SW Glacier Ave, Redmond, OR 97756 (meet at entrance near parking lot)

Drop-off: Friday

Drop off back in town is the same no matter the week! ***SPECIAL For Week 1, see below!**

WEEK 2, 3, 4, 5, AND 6		WEEK 7 AND 8	
BEND	REDMOND	BEND	REDMOND
1:30-2:00 pm (estimated)	1:30-2:00 pm (estimated)	1:30-2:00 pm (estimated)	1:30-2:00 pm (estimated)
The parking lot of the Tumalo Creek River Tube Rentals at 1000 SW Bradbury Way	Redmond Proficiency Academy High School 657 SW Glacier Ave, Redmond, OR 97756	The parking lot of the Tumalo Creek River Tube Rentals at 1000 SW Bradbury Way	Redmond Proficiency Academy High School 657 SW Glacier Ave, Redmond, OR 97756

***For Week 1, drop off will be Thursday at 1:30-2PM!**

Driving Yourself?

Make sure you arrive at camp at the correct time! We cannot accommodate early arrivals.

WEEK 1, 2, 3, 4, 5, AND 6	WEEK 7 AND 8
3PM on Sunday	8:30 am on Monday
<p>We are on Dark Lake! About 5 minutes from Suttle Lodge and Boathouse, about an hour from Bend and Redmond. There are signs pointing towards our site. Address: 29551 NF-2066, Sisters, OR 97759 (Sometimes sends people into Sisters, we are about 25 minutes outside of Sisters due West!)</p> <p>More detailed travel directions found here.</p>	

EARN HIGH SCHOOL CREDIT!

For attending a session of Outdoor School, you are eligible to apply to receive high school credit to compensate you for your hard work and time! **To receive high school credit, you must first meet with your Future/Career Center/ School Admin to coordinator to enroll in the program BEFORE attending your assigned week.**

Each school has individual requirements. This list is a generalization and you must meet with your Future/ Career Center **PRIOR** to your volunteer session to receive credit for the program.

Full Week Participants: 0.5 elective credit

1. Meet with your Future/Career Center coordinator to enroll in the credit program prior to attending your session at Camp Tamarack.
2. Complete a week of Outdoor School, Monday- Friday at Camp Tamarack
3. Provide Camp Tamarack evaluation by Instructor. Must average a “passing score.”
4. Establish and complete Learning Goals.
5. Complete and present Choice Project – current event or issue in the area of teaching related to subjects taught while at Camp Tamarack.
6. Complete a Reflection Paper.

1/2 Week Participants: 0.25 elective credit

1. Meet with your Future/Career Center coordinator to enroll in the credit program.
2. Complete a half week at Outdoor School, Monday- Wednesday or Wednesday- Friday.
3. Provide Camp Tamarack evaluation by Instructor. Must average a “passing score.”
4. Establish and complete Learning Goals.
5. Complete a Reflection Paper.

EARN 144 VOLUNTEER HOURS FOR A FULL WEEK!

For volunteering for one week of Outdoor School, you are eligible to claim 144 volunteer hours! If you need hours signed off on, please bring the appropriate paperwork to your assigned week or reach out to Morgo “Dice” Yon at dice@camptamarack.com or (541) 390-4182 after you have volunteered and he will sign off on the hours. We can provide a hand out as well detailing the experience and signing off on hours, just let Dice know before you go!

COLLEGE CREDIT!

Interested in getting college credit for your time at Camp Tamarack? We have partnered with Central Oregon Community College to offer ED 103: Outdoor Teaching Training, a 1-credit tuition covered experience! Tuition for this course is being paid for by the COCC Grow Your Own grant, which supports rising educators in Central Oregon. In order to qualify, you must complete a week-long session, be 16 years or older, and write a 300-500 word reflection that is completed at camp! This is of no cost to High School Students. Questions about ED 103? Reach out to Wendi Worthington, the Grow Your Own Education Pathway Navigator, at wworthington3@cocc.edu !

LETTER OF RECOMMENDATION AND JOB REFERENCE!

Need a Letter of recommendation for college, or a reference for a job application? Reach out to Morgo “Dice” Yon at dice@camptamarack.com or (541) 390-4182 for either! For Letter of Recommendation, a deadline of AT LEAST one month prior to the due date is required. For a job application reference, reach out to Dice **BEFORE** you apply!

WORK AT SUMMER CAMP!

By volunteering at Camp Tamarack in Spring or Fall, you are eligible to apply to be a Summer Camp Counselor! You are paid \$425+ a week to hang out and have fun in the sun with campers aged 8-12! This is a competitive position that often has over 200 applicants for roughly 45 positions. While only volunteering once grants you access to apply, it is suggested that you volunteer more than once in order to increase your familiarity in the program and show growth in the Counselor role. Unfortunately, participating in Summer Camp as a camper does not guarantee you a position or preference in hiring. You have to apply each Summer, and spots are not reserved for returners. Volunteering acts as your “job interview,” and the decision is made by the Staff collectively. Questions about Summer Camp hiring for High Schoolers? Reach out to Morgo “Dice” Yon at dice@camptamarack.com or (541) 390-4182.

WAIT! BUT I’M JUST AN 8TH GRADER!

Volunteering for Outdoor School is not just limited to being a High Schooler! For those in 8th grade who are interested, we also offer a Counselor-In-Training (CIT) position! There are only a handful of spots available for this each week. CITs are paired with an upperclassmen and adult Staff Member who will help mentor them and support them during the week. In the cabin, the CIT and Counselor work together. CITs must still abide by the roles and responsibilities that the Counselors follow, and follow the Code of Conduct (outlined in the paperwork). CITs receive a formal evaluation (Not scary!) just like the Counselors that can be put towards future free college credit through COCC or High School credit. This is a great opportunity to jumpstart a resume and gain work experience! Questions about being a CIT? Reach out to Morgo “Dice” Yon at dice@camptamarack.com or (541) 390-4182.

PACKING LIST

When packing for your week at Outdoor School, keep in mind it can get pretty chilly in the mornings and evenings! It's important that you not misplace clothing or other possessions while at Outdoor School. Camp Tamarack is not responsible for lost or stolen belongings.

Please label all personal items with your name. Don't have a Camp Name yet but want to pick in advance?
Contact Dice at (541) 390-4182!

Gear:

- Watch** (you cannot use your cell phone)
- Backpack (Large enough to hold a water bottle, paper, etc.)
- Water Bottle (available to borrow)
- T-shirts
- Sleeping Bag (sleeping bags available to borrow if needed)
- Several pairs of pants
- Two sweatshirts
- At least one heavy jacket or coat! (available to borrow)
- Beads for the kids (To pass out or for campers to earn. You do not need to buy beads, we have plenty at camp! If you would like, we encourage you to find some that are special to you before coming to camp! Anticipate giving out about 100.)
- Sturdy, waterproof boots
- Pajamas
- Flashlight/headlamp and batteries
- Multiple changes of socks and underwear
- Warm hat and gloves (available to borrow)
- Pillow (available to borrow)
- Toiletries (toothbrush, toothpaste, deodorant, towel, sunscreen, soap, shampoo, and conditioner)

Optional Items:

- Musical instrument
- Costumes
- Personal snacks (**Label w/name**. Food is stored in the kitchen and cannot be accessed at night)
- Shower shoes
- Disposable or inexpensive camera (you cannot use your cell phone)

Prohibited Items:

- NO** valuables, money, or jewelry
- NO** laptops or iPads (unless needed for classwork)
- NO** knives or weapons

NO drugs or alcohol

NO flip flops!!!

NO food or candy in the cabins

We are excited to work with you this Fall! If you have any questions please do not hesitate to **text or call** our **Volunteer Hotline at (541) 390-4182!**