



# **Camp Tamarack**

## **Summer Camp**

Family & Camper Guide  
Summer 2026



Thank you for choosing Camp Tamarack for your child's summer camp experience! Camp Tamarack's mission is to provide youth with experiential opportunities in an outdoor setting that promotes personal growth and a better understanding of the environment and the world that surrounds them. We're looking forward to a safe and fun summer that instills self-reliance in your child and forms great memories that will last a lifetime.

Camp Tamarack is dedicated to imparting respect, responsibility, honesty, and compassion in each of our campers. Each of our staff members are carefully selected for the talents they present and trained extensively to meet our high standard of excellence.

Camp Tamarack does not tolerate discrimination of any kind. It is our ongoing mission to ensure that Camp Tamarack is a safe place to work, volunteer and send children, regardless of someone's race, religion, sex, color, ability, sexual orientation or gender identity.

Please know that we are available to answer your questions and listen to your needs. Simply call us at 541-610-9946, send an email, or leave a message for any of our staff.

We look forward to meeting your child this summer!

- Charlie "Peanut" Anderson, *Executive Director*
- Melissa "Cedar" Mazzuca, *Director*
- Carrie "Osprey" Campbell, *Community Outreach*
- Makenna "Calypso" Noel, *Site Supervisor*



|                           |               |                               |               |
|---------------------------|---------------|-------------------------------|---------------|
| <b>Day at Camp</b>        | <i>Page 2</i> | <b>Check-In &amp; Pick-Up</b> | <i>Page 7</i> |
| <b>Communication</b>      | <i>Page 2</i> | <b>Driving Directions</b>     | <i>Page 7</i> |
| <b>Emergencies</b>        | <i>Page 2</i> | <b>Camp Transportation</b>    | <i>Page 7</i> |
| <b>Accommodations</b>     | <i>Page 4</i> | <b>Packing List</b>           | <i>Page 8</i> |
| <b>Camp Staff</b>         | <i>Page 4</i> | <b>Lost and Found</b>         | <i>Page 8</i> |
| <b>Health Information</b> | <i>Page 5</i> | <b>Social Media</b>           | <i>Page 9</i> |
| <b>Medications</b>        | <i>Page 6</i> | <b>Important Phone #s</b>     | <i>Page 9</i> |
| <b>Refund Policy</b>      | <i>Page 6</i> |                               |               |



The days are full and the days are fun! Campers spend their days rotating among the huge variety of activities we have to offer! On the waterfront, they'll enjoy a peaceful paddleboard or canoe trip around the lake, relax on the dock, or play on our inflatable toy set-up! The Hobby House art studio has endless crafts to offer from friendship bracelets, to ceramics, to t-shirt printing! For those competition seekers, we offer gaga-ball, basketball, kickball, and archery!

Of course, amidst all this fun we serve breakfast, lunch, dinner, and snacks throughout the day. Campers also have the opportunity to relax in their cabins mid-day to recharge for more afternoon activities and an evening spent around the campfire!

## COMMUNICATION



### VISITING CAMP TAMARACK

During the summer, if you need to visit camp while camp is in session, please make arrangements in advance with the Camp Director by calling 541-610-9946. All site visits must be coordinated in advance.

### CONTACTING YOUR CAMPER IN AN EMERGENCY

Should you need to contact your camper in an emergency, please call the camp phone at 541-595-1006.

### CAMPER PHONE USE

The camp experience is a way for children to develop a greater sense of independence. Therefore, no phone is available for campers to routinely make or receive calls. However, should your child need to call home, camp administrative staff will arrange a time and together with the camper, they will make the call home.

### PARENT COMMUNICATION

Staff are trained to handle day-to-day situations that may arise during your camper's stay at Camp Tamarack in a safe and caring manner. Instances when you might expect to hear from camp staff for consultations or to arrange to pick up your camper may include:

- Behavioral concerns including bullying or verbal or physical aggression
- Severe homesickness
- Illness, including vomiting or respiratory
- Symptoms with a fever over 100°F
- If your child receives medical care outside the ordinary including bee stings, fractures/sprains
- If your child requires medical care off-site we will do our best to reach you before we leave camp. A cell phone will accompany your child and staff so you may be in contact with your child.

### CAMPER MAIL POLICY

We do not accept or deliver any mail to campers. We ask that you please do not send or drop-off any letters or packages for your camper.

Our mail policy is driven by a few of Camp Tamarack's core values. First, we strive to make camp an equitable experience for all families and campers. Second, we strive to lessen our environmental impact through reducing our landfill contribution. Eliminating camper mail is a simple step we can take to ensure all campers feel a sense of belonging at camp and to generate less waste. We appreciate your support of these values and our mail policy at camp!



## EMERGENCIES

Camp Tamarack staff are made up of employees who have training in Wilderness First Responder, CPR, & First Aid. Emergency response requested from outside services may arrive from Sisters-Camp Sherman Fire District or Black Butte Ranch Fire District. A designated emergency vehicle is on site at all times. Camp staff use two-way radios for activities when campers are away from the main camp area.

## EVACUATION PROCEDURES

In the unlikely event it is necessary to evacuate Camp Tamarack, we will attempt to contact the family starting with the lives-with parent or guardian, then the emergency contact person, in that order. At that time, the person we make contact with will be given further instructions as to how the evacuation will proceed. For this reason, it is **crucial** we have accurate contact information for parents and emergency contact persons during your child's camp experience.

## WILDFIRE RESPONSE

The U.S. Forest Service (USFS) is aware that Camp Tamarack is an operational camp which hosts youth and remains in communication with camp personnel year-round. If there is any threat of fire in the proximity of camp, USFS will notify camp personnel and emergency services will be directed to Camp Tamarack at a high priority.

Any level of fire notification received from the USFS will be immediately communicated with camp families. Communication with families will occur via email and text message.

Families are encouraged to sign-up for Jefferson County Emergency Alerts [here](#).

The following plans are in place according to the level of the evacuation notice:

1. **Level 1 Evacuation Notice : “Be Ready”**
  - a. Families will be notified of a Level 1 Evacuation Notice.
  - b. Camp operations will continue.
  - c. Families will be invited to pick-up their campers from Camp Tamarack if they want.
  - d. In coordination with Sisters School District, school buses will be prepared for a potential evacuation and any individuals or organizations involved in evacuation procedures will be notified and prepared.
2. **Level 2 Evacuation Notice: “Be Set”**
  - a. Families will be notified of a Level 2 Evacuation Notice.
  - b. Camp operations will be canceled proactively.
  - c. Families will be asked to pick-up their campers as soon as possible.
3. **Level 3 Evacuation Notice: “Go Now”**
  - a. Families will be notified of a Level 3 Evacuation Notice.
  - b. If a fire requires immediate evacuation, the first priority will be to remove all campers from imminent danger as quickly as possible. Authorities will advise the safest route to accomplish this.
  - c. Between on-site vehicles and Sisters School District buses, transportation will be coordinated for all campers to be transported to Highland Baptist Church in Redmond, where Red Cross resources will be allocated. If evacuation is required to the west, authorities will coordinate with Linn County to communicate the safe location where Red Cross resources will be allocated.
  - d. Families will pick-up their campers from the designated safe zone when safe to do so as instructed by authorities.
  - e. If time or fire location does not allow for either evacuation by vehicle or foot, campers will be evacuated onto Dark Lake utilizing all available PFDs, paddleboards, and water inflatables.

## SMOKE RESPONSE

Camp Tamarack has a PurpleAir air quality sensor on site that is monitored by staff and can be checked online by families as well. If the air quality at camp becomes impacted by smoke from wildfires, we will modify our programming and notify families. Campers will be provided with N95 masks and cabins/indoor spaces will have air purifiers running. Activities will be modified as follows:

- At an AQI between 150-200: Strenuous activities (such as swimming, hiking, running games/sports) are canceled. Non-strenuous outdoor activities (such as archery, paddleboarding, crafts) are permitted in short 15-minute blocks. Indoor activity offerings are increased.
- At an AQI beyond 200: All camp activities are indoors. Campers spend time inside their cabins, the Hobby House, or Main Lodge. Activities such as cards, games, coloring, and crafts are available in cabins. Cabins may also request more

specific supplies such as the karaoke machine, face masks for a "spa day", or scooters! Activities like BINGO, ice cream making and movies are facilitated in the Main Lodge. Various crafts from fuse beads to slime are offered in the Hobby House. Evening programs such as campfire (skits and songs) and the carnival can be hosted indoors.

- Adventure Team specifics: If possible, A-Team will drive to an off-site adventure in an area not impacted by smoke. If on-site, A-Team will likely participate in the same activities as main camp and/or adapted team-building activities indoors.

Caretakers are welcome to pick-up their campers at any point if the air quality becomes of concern. The session will be canceled if air quality remains in the hazardous or above zone for an extended period of time. Prorated refunds will be provided. Families may choose to roll their funds over as a credit to 2026 or receive a refund minus a \$30 transaction fee.

## LIGHTNING OR THUNDER

Camp activities will be moved indoors if thunderstorm activity is within 6 miles of camp. A 30 minute timer will be reset after each rumble is heard. Outdoor activities will resume 30 minutes after the final strike.

## ACCOMMODATION & MEALS



### CABINS

Campers stay in enclosed cabins. Each cabin has bunk beds, a heating unit, an air conditioning unit, an air purifier, a fan, and a private changing stall. Cabins are supervised by a lead counselor and sometimes an additional support counselor. Cabin mates are sorted based on age and gender identity. Families may opt in to a non-gendered cabin where campers are only sorted by age.

Camp Tamarack does not discriminate on the basis of race, religion, sex, color, disability, sexual orientation or gender identity when hiring cabin counselors or enrolling campers. Your child's cabin may be supervised by a counselor of the same gender identity as your camper or a counselor who is non-binary. Your child may have cabin-mates who are of the same gender identity as your camper or who are non-binary.

### MEALS

Our professional food service staff serve delicious, nutritious, well-balanced meals. We will accommodate all camper dietary needs (gluten free, vegetarian, etc.) given advanced notice in their online profile.

### CAMP HYGIENE STANDARDS

Cleanliness is a key component to keeping campers healthy. Campers will be directed to wash their hands prior to every meal. Your pre-camp support of this concept is appreciated. Bathrooms are inspected and sanitized each day by a member of our facilities staff. Camp cleanup takes place each morning when campers assume responsibility. Camp staff check cabins for neatness daily.



## CAMP STAFF

Camp Tamarack's staff are the heart of our camp. All program staff who run camp activities have individual areas of expertise to share with campers. Counseling staff are selected for their experience working with children, judgment, maturity, and their fun and caring attitude. Through their role modeling and by creating challenges that foster individual and group development, our staff provide campers with the opportunity to leave Camp Tamarack with a better understanding of the values of respect, responsibility, honesty, and caring.



## STAFF CREDENTIALS

All staff must complete the application and interview process including background checks.

## STAFF TRAINING

Our staff attend training prior to working at camp. Training topics include: child behavior management, positive discipline techniques, all-camp activities, games, age appropriate programming, emergency procedures, cultural competency, bully prevention, health and safety management, first aid, CPR and lifeguarding.

## HEALTH INFORMATION



### IMPORTANT!

The health and safety of your child is our primary concern. If your child takes medication, please fill out the Medication Form in the online portal. It is the parent or guardian's responsibility to provide accident and health insurance. Camp Tamarack does not provide any coverage for members or participants.

### "MEDICAL HOLIDAYS"

We strongly discourage parents whose children are on medication throughout the year from putting them on "medical holiday" while they are at camp. We will be as accommodating as possible with your physician's recommendation.

### COMMUNICABLE DISEASES, FRACTURES, BREAKS & STITCHES

Children with communicable diseases will not be allowed to attend camp until they are free of the disease, or until they are no longer contagious, as determined by a doctor. Campers with fractures, breaks, or stitches must have written permission from their physician to attend camp.

### ILLNESS & ACCIDENTS

Our camp's health center has a limited capacity to keep campers in extended isolation. In our experience, campers with medical conditions feel more comfortable recuperating at home. In such situations, the camp staff may contact parents and request that they come early and pick up their child from camp.

Camp Tamarack's policy is that parents are responsible for transporting sick campers home. It is also our policy to refund fees on a prorated basis when campers must return home early for medical care.

### HEAD LICE

While head lice do not pose an immediate health or safety threat to those affected, we must take a conservative approach to prevention as an overnight camp more vulnerable to spread than a traditional school environment.

During the Check-In process on Sundays, all campers will receive a "Noggin' Check" to screen for the presence of lice or nits. If evidence of lice or nits are discovered during this screening, the camper will not be permitted to attend the camp session. The camper may be rescheduled for a future session once treatment has completed.

If a camper is suspected to have head lice while the camp session is underway, they will be discretely asked to visit the Medical Center for inspection by our Medical Director. If head lice or nits are confirmed:

- The family will be notified and asked to come pick their camper up immediately.
- A pro-rated refund or credit for a future year will be provided to the family for the remaining session days.
- Families of other campers in the cabin will be notified that a camper in their child's cabin was sent home with head lice.

Families can support our efforts to prevent the spread of head lice with the following steps prior to attending camp:

- Check your camper for evidence of nits or lice before heading to camp. Catching a potential case prior to camp will prevent an unnecessary drive to camp, reduce your camper's stress during check-in, and allow our team to easily

reschedule them for a later camp session.

- Educate your camper on lice prevention while at camp including avoiding head-to-head contact and not sharing items such as hair brushes, combs, pillows, stuffed animals, etc.

While the discovery of lice can be unsettling, remember it is simply a nuisance associated with living and playing communally - not a reflection of your camper or home's level of cleanliness. We are committed to addressing situations regarding head lice with dignity and discretion. We appreciate your support in our prevention efforts!

## MEDICATIONS



**If you will be sending any over-the-counter or prescription medications or vitamins, please read below:**

1. Complete the Medication Form in your camper's online registration profile. Please include all medication and/or vitamins being sent to camp. Directions on the container label must match your provided directions on the medication form.
2. Regulations require us to dispense medication only from the original container according to the prescribed dosage. Your local pharmacy can provide you with an extra container if needed. Medications provided in any container other than the original (i.e. pill organizers, baggies) will not be administered. No exceptions.
3. For non-prescription medication that is not approved by the U.S. Food & Drug Administration (melatonin, vitamins, supplements), a written order must be provided from your child's prescriber that includes the name of the child, name of the medication, dosage, method of administration, frequency of administration, a statement that the medication must be administered while the child is at camp, any other special instructions, and the signature of the prescriber.
4. Only send the exact dosage (plus two extras) your camper will need during their session. Exact directions for dispensing the medicine along with the time that it should be taken must be completed on the online Medication Form.
5. All medication will be checked-in with our Medical Director during check-in on Sunday. Please have medications readily accessible for intake at the Medical Center. Our Medical Director will have your online Medication Form and verify that all provided information and instructions are accurate.



## REFUND POLICY

The full cost of tuition, minus a \$50 non-refundable deposit for each camper is refundable before June 1, 2026. Families are charged the full cost of tuition at the time of registration unless a request for a payment plan is made. Families on payment plans agree to pay the remaining balance of the camp fee in full no later than June 1, 2026.

We will not guarantee your space past June 1 without full payment. After June 1, 50% of the total camp fee is refundable 3 weeks prior to the start of the session. Campers can be transferred to a different session of camp, provided that space is available and a written request is received at least 3 weeks prior to the start of their original session. No refunds are given if a child leaves camp early for any reason, drops within 3 weeks of their session start date or does not show up on the first day of camp.

If we are not able to host summer camps this summer, we will:

- Offer a credit which you can use anytime towards future summer camp tuition.
- Refund your registration minus a \$30 transaction fee.



## LATE ARRIVALS & NO SHOWS

If your camper will arrive late to camp or will be picked up early, please notify Camp Tamarack prior to the session to make arrangements. If a camper does not show up by Sunday evening, staff will call the primary contact to determine the camper's whereabouts. If a response is not received within 2 hours of contact, your camper's registration will be forfeited. No refunds are given for late arrivals or no shows.

## BEHAVIORAL INTERVENTION / HOMESICKNESS

It is our policy to consult with parents on strategies for dealing with campers who have behavioral concerns/homesickness. Staff will make every effort to call the family starting with the lives-with parent or guardian, then the emergency contact. When the welfare of the camper, other campers, or camp property/equipment is jeopardized, the parent(s) or guardian(s) will be notified to pick up their camper at their own expense. Arrangements will be made in advance with the parent or guardian. Program fees will be forfeited.



## CAMP CHECK-IN & PICK-UP



### SUNDAY CHECK-IN TIME

Last Names A-M: 3:00 - 3:30pm

Last Names N-Z: 3:30 - 4:00pm

### FRIDAY CHECK-OUT

Pick-Up Time: 11:00- 11:30am Friday

Pick up after 11:30am will result in a \$40/hour fee.

### AUTHORIZED PICK-UP

Authorized pick-up persons must be listed on your camper's authorized pick-up list. Your camper will not be released to anyone not on the authorized pick-up list or without valid ID. You can update this list on your camper's online application.



## DRIVING DIRECTIONS TO CAMP

### FROM REDMOND/BEND

#### - 1 hour

1. Take US-20 West towards Sisters Oregon
2. Continue on US-20 through Sisters West (13 miles)
3. Turn left onto SW Suttle Lake Loop
4. Continue on Suttle Lake Loop 1 mile
5. Turn left for Scout Lake/Camp Tamarack
6. Continue on Forest Service Rd. 2066 1.0 miles to Forest Service Rd. 600
7. Turn right on Forest Service Rd 600 (Look for Camp Tamarack sign)
8. Stay to the right. Camp Tamarack is 1.3 miles down FS Rd. 600

### FROM SALEM/PORTLAND - 2-3 hours

1. Take US-22 East towards Sisters, OR. (82 miles)
2. US-22 becomes US 20 (16 miles)
3. Turn right onto SW Suttle Lake Loop
4. Continue on Suttle Lake Loop 1 mile
5. Turn left for Scout Lake/Camp Tamarack
6. Continue on Forest Service Rd. 2066 1.0 miles to Forest Service Rd. 600
7. Turn right on Forest Service Rd 600 (Look for Camp Tamarack sign)
8. Stay to the right. Camp Tamarack is 1.3 miles down FS Rd. 600



## CAMP TRANSPORTATION



For your convenience, Camp Tamarack offers round trip transportation from the Bend area in a van, or you may choose to drive

your camper directly to Camp Tamarack. **If you would like the van service, registration is online starting May 1st - registered families will receive an email with instructions. Space is limited.** The cost of the service is \$30. Cost is the same for one or both ways. We reserve a van based on reservations therefore we cannot give refunds of transportation fees.

## PICK-UP + DROP-OFF

Pick-up and drop-off is located at the Park & Float lot located on the corner of Columbia and Simpson Ave. at 1000 SW Bradbury Way.

SUNDAY pick-up is at 2:30pm. FRIDAY drop-off is between 12:00-12:30pm.

## CAMP TRANSPORTATION SAFETY

Parents or guardians should accompany campers to the check-in area and remain with them until they board the van to camp. All camper medications are left with staff at check-in. Parents release campers to camp staff when they board the van to camp. Each van will have a cell phone, parent contact numbers, and emergency numbers.



## PACKING LIST

### IMPORTANT REMINDERS

- Campers should be able to carry their own luggage from the vehicle to their cabins. Avoid overpacking.
- Please label **ALL** belongings with your camper's name.
- Since campers spend the majority of their time outside, please send clothing that is not expensive or new.
- All items on the clothing list are important at camp, especially the warm jacket, or sweatshirt!

### WHAT TO BRING

- |                                                  |                                                |                                                  |                                                 |
|--------------------------------------------------|------------------------------------------------|--------------------------------------------------|-------------------------------------------------|
| <input type="checkbox"/> Sleeping bag            | <input type="checkbox"/> Pillow                | <input type="checkbox"/> Hat                     | <input type="checkbox"/> Warm jacket            |
| <input type="checkbox"/> Toothbrush & toothpaste | <input type="checkbox"/> Towel & washcloth     | <input type="checkbox"/> Swimsuit                | <input type="checkbox"/> Sweater or sweatshirts |
| <input type="checkbox"/> Shampoo and soap        | <input type="checkbox"/> Sunscreen & chapstick | <input type="checkbox"/> Night clothes           | <input type="checkbox"/> Jeans or long pants    |
| <input type="checkbox"/> Flashlight              | <input type="checkbox"/> Water bottle          | <input type="checkbox"/> Shoes with a heel strap | <input type="checkbox"/> Socks &                |
| underwear                                        |                                                |                                                  |                                                 |
| <input type="checkbox"/> Shorts                  | <input type="checkbox"/> T-shirts              |                                                  |                                                 |

### OPTIONAL ITEMS

- |                                                                |                                                                 |                                             |
|----------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Extra pair of shoes                   | <input type="checkbox"/> Disposable camera w/name written on it | <input type="checkbox"/> Sheets & blankets  |
| <input type="checkbox"/> Book, playing cards, games, etc. skit | <input type="checkbox"/> Pre-addressed & stamped envelopes      | <input type="checkbox"/> Costume item for a |

### WHAT NOT TO BRING

Do not bring the following items to camp. Prohibited items will be returned, if appropriate, on the last day of the camp session.

- |                                                                                                      |                                                   |
|------------------------------------------------------------------------------------------------------|---------------------------------------------------|
| <b>✗</b> Cell Phones                                                                                 | <b>✗</b> Pocket knives/weapons of any kind        |
| <b>✗</b> Fireworks                                                                                   | <b>✗</b> Flip Flops or shoes without a heel strap |
| <b>✗</b> Alcohol/drugs/tobacco products                                                              | <b>✗</b> Candy or Food                            |
| <b>✗</b> Electronics, including iPhones, mp3 players, radios, e-readers, video recorders of any kind | <b>✗</b> Matches or lighters                      |



## LOST AND FOUND



Label each piece of your child's camp gear with their name. At the end of each session, we will attempt to return lost and found

items to campers before they leave camp. Two weeks after your child's camp session ends, items will be donated to charity. Call 541-595-1006 to locate lost items. Please remember to check that your camper has picked up their luggage, sleeping bag and pillow. Camp Tamarack is not responsible for lost, damaged, or stolen items.



## SOCIAL MEDIA

This summer we will be uploading photos to the Google Drive and sharing the link with families each week! We will also post pictures on Instagram and TikTok. Pictures are usually posted towards the back half of each week as it usually requires a trip into town for faster internet uploading. Stay connected and follow us!

**Find Us On Instagram:** @camp\_tamarack    **Find Us On TikTok:** @camp\_tamarack

## IMPORTANT PHONE NUMBERS



**Director, Melissa “Cedar” Mazzuca:** 541-610-9946

**On-Site Camp Office:** 541-595-1006

**Executive Director, Charlie “Peanut” Anderson:** 541-633-9847

**Medical Director, Morgo “Dice” Yon:** 541-419-8818